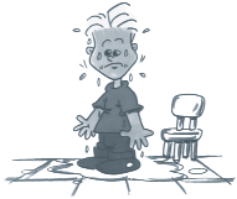


SIGNS AND SYMPTOMS OF *Hypoglycemia*

Low Blood Sugar



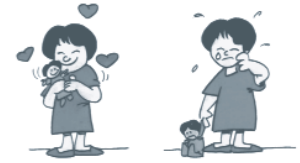
sweating



trembling



dizziness



mood changes



hunger



headaches



blurred vision



extreme tiredness
and paleness

EMERGENCY TREATMENT FOR *Hypoglycemia*

Give Sugar Immediately

LOCATION OF SUGAR TREATMENT ☐ ON STUDENT ☐ OTHER _____

SELECT ONE TREATMENT FROM THE FOLLOWING:

- ◆ 4 oz. (125 mL) of fruit juice/drink (junior juice box)
- OR
- ◆ 4 oz. (125 mL) of regular pop (not diet pop)
- OR
- ◆ 2-4 glucose tabs



- OR
- ◆ 2-3 tsp. (10-15 mL) of sugar (2-3 packets)
- OR
- ◆ 2-3 tsp. (10-15 mL) of honey



Wait 10 to 15 minutes. If there is no improvement, repeat the above treatment.

DO NOT LEAVE THE STUDENT ALONE.

**If the student is unconscious,
having a seizure or unable to swallow,
do not give food or drink.**

- ◆ Roll the student on his/her side
- ◆ Call 9-1-1 or emergency medical services
- ◆ Inform parents or guardians

Please update annually or as needed.

PARENT

① h _____ ① w _____ date _____

PARENT

① h _____ ① w _____ date _____

OTHER ① _____

Student's
name: _____

Class: _____

Know who to turn to



NovolinCare®
Diabetes services from Novo Nordisk



**PHOTO
OF
STUDENT**